

# EMPLOYEE HANDWASHING

1. Rinse hands under clean, running warm water (at least 100°F).
2. Apply soap.
3. Rub hands together vigorously for at least 10 – 15 seconds.
4. Clean under fingernails & between fingers.
5. Rinse hands thoroughly under clean, running warm water (at least 100°F).
6. Dry hands using individual disposable towels, heat-air hand drying device or a continuous towel system that supplies the user with a clean towel.

